



Ear Institute of Chicago

Hinsdale/Elk Grove Village, IL (630) 789-3110

Specialists in Hearing/Cochlear Implants, Facial Nerve/Ear and Lateral Skull Base Surgery

OTOLOGY/NEUROTOLOGY

Robert A. Battista, MD

Justin Wittkopf, MD

AUDIOLOGY

Kathleen Highhouse, Au.D.

Jill Messina, Au.D.

Vasilike Rauch, Au.D.

MAIN OFFICE

11 Salt Creek Lane

Suite 101

Hinsdale, IL 60521

(630) 789-3110

(630) 789-3137 FAX

HEARING AID CENTER

of HINSDALE

11 Salt Creek Lane

Suite 100

Hinsdale, IL 60521

(630) 789-3015

We require a 24-hour notice of cancellation. A \$75.00 cancellation fee will be charged for cancellation not within 24 hours. The cancellation fee is an out of pocket expense.

VIDEONYSTAGMOGRAPHY (VNG)

Description: Videonystagmography (VNG) is an analysis of specific eye movements called nystagmus. The VNG will help in the diagnosis and treatment of patients who experience dizziness, vertigo, or imbalance. Specifically, the test will help and determine if the dizziness is related to the inner ear system.

What to expect: The test is performed in our office by a Doctor of Audiology and requires about 1-1/2 to 2 hours. Goggles will be placed around your eyes. You will be asked to follow several visual and physical tasks during the evaluation. You may feel somewhat dizzy or fatigued following the test; therefore, someone should accompany you and be able to drive you home afterwards. Your physician will discuss the results with you in a timely manner.

What to do: To obtain the most accurate results, please:

- Discontinue diuretics (water pill) for five days prior to the test, unless taken for high blood pressure.
- 72 hours before the test, do not take Valium
- 48 hours before the test, do not take Antivert (Meclizine), anti-nausea medication, antihistamines, antidepressants, Dramamine, Klonopin, migraine medication, Bonine, Librium, sedatives, sleep medications, or stimulants. Do not consume alcohol or take recreational drugs.
- 24 hours before the test, abstain from caffeine and caffeine products (i.e., coffee, tea, colas, chocolate, and nicotine).
- On the date of the test: eat lightly (i.e., juice and toast if being tested early in the morning). Women should not wear eye makeup (i.e., eyeliner, mascara, eye shadow, etc.).
- If you fail to follow these instructions, your test may need to be rescheduled.



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Where to go: Ear Institute of Chicago
11 Salt Creek Lane, Suite 101
Hinsdale IL 60521

** You will be asked to provide billing and insurance information.

If you have questions: Please contact us at 630-789-3110 if you have any questions regarding a specific medication or any portion of this test.

Your appointment is scheduled for: _____

I have read and understood these instructions.

_____ Signature

_____ Date